



## THE G-CAPP/CARRERA PROGRAM at THE ATLANTA CHARTER MIDDLE SCHOOL

The Atlanta Charter Middle School (ACMS) is very proud to announce an exciting partnership with the Georgia Campaign for Adolescent Pregnancy Prevention (G-CAPP) and the Children's Aid Society, to introduce the Carrera Adolescent Pregnancy Prevention Program (APPP) at ACMS starting fall of 2008. This program will be initiated at ACMS as an integrated school model, an innovative approach that will seamlessly blend the APPP's youth development program within the school day. The full seven-component Carrera APPP model— including sports and self-expression activities, family life and sexuality education, mental health, an exploration of the world of work and careers, enhanced support for learning, and comprehensive medical/dental services — will be integrated into the curriculum of ACMS's entire sixth-grade through areas such as advisory and Fit for Life, with plans to expand the program by adding additional cohorts each academic year. With activities taking place during the school day and expanded programming during optional Saturday sessions and summer, this program will provide an extraordinary opportunity for intensive, year-round academic and social supports for students from now until high school graduation and beyond.

The integrated approach is built upon the scientifically proven APPP program that has been in existence since 1984. Dr. Michael A. Carrera and the Children's Aid Society (CAS) developed the APPP which uses a holistic approach to empower youth. Guided by a philosophy that sees youth as “at promise” instead of “at risk,” the program provides opportunities for young people to discover interests and develop talents, as well as emphasizing education and employment, in order to develop a participant's capacity and desire to avoid pregnancy during their teen years. CAS-Carrera works with boys and girls 10-11 years old and follows them through high school and beyond.

The model includes seven fundamental components:

- **EDUCATION:** Weekly homework help and academic enrichment with trained teachers and tutors, individualized academic plans, and high school and college preparation;
- **EMPLOYMENT:** Exposure to the world of work, earn weekly stipends, open individual bank accounts, participate in entrepreneurial projects, and summer job placement;
- **SELF EXPRESSION:** Weekly music, dance, and drama sessions led by art professionals, opportunity for youth to discover talents and build self-esteem;
- **MEDICAL AND DENTAL CARE:** Comprehensive, no-cost medical and dental care;
- **LIFETIME INDIVIDUAL SPORTS:** A fitness program emphasizing sports that build self-discipline and can be played throughout life, including golf, tennis, bowling, squash, and swimming;
- **FAMILY LIFE AND SEXUALITY EDUCATION:** Weekly comprehensive sexuality education taught in an age and stage appropriate fashion;
- **MENTAL HEALTH:** Weekly discussion groups led by certified social workers; individual counseling, crisis intervention, and case management services as needed.

**The CAS-Carrera APPP is the only 3-year fully evaluated teenage pregnancy prevention program with statistically proven effectiveness in the country, yielding a 50% reduction in birth rates in communities served. In addition, program participants achieve higher PSAT/SAT scores, have higher high school and college admission rates. delay the onset of sexual contact during their teen years, and use medical providers rather than the emergency room for care.**

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*For more information about the Georgia Campaign for Adolescent Pregnancy Prevention, visit [www.gcapp.org](http://www.gcapp.org)  
For more information about the Carrera program, visit [www.stopteenpregnancy.com](http://www.stopteenpregnancy.com)*